



Gluten Free Lunch Box # 2

Product Specifications

DI Code	DOT Code	UPC	Pack Size	Case Dimension	Net. Weight	Gross Weight	Cube	Cases per Pallet
300193	542925	03007456705005	1 box	9 x 9x 6	1.62	2.22	.28	200

Piece Length	Piece Width	Piece Height	Diameter	Pallet TI x HI	Shelf Life	Storage Temp
Na	Na	Na	Na	20 x 10	180 days	Frozen

Breaded Chicken Chunks

Ingredient Statement: Chicken Breast with Rib Meat, Water, Evaporated Cane Syrup, Sea Salt, Native Potato Starch, Breaded with: Dried Potatoes, Rice Flour, Spice, Dextrose, Soybean Oil, Battered with: Water, Yellow Corn Flour, Corn Starch, Sea Salt, Garlic Powder, Onion Powder, Pre-Dusted with: Rice Flour, Tapioca Dextrin, Corn Starch, Salt, Spice, Garlic Powder, Onion Powder, Ground Celery. Breading is set in Vegetable Oil.

Contains: Soy

M/MA: 2.50 oz.
G/GA: 1.0 oz.

Nutrition Facts		Amount/serving	%DV	Amount/serving	%DV
Serv. Size 156g Serv. Per Cont. 1 Calories 312 Fat Cal. 110		Total Fat 13g	20%	Total Carb. 18g	6%
		Sat. Fat 2g	10%	Fiber 0g	0%
		Trans Fat 0g		Sugars 2g	
		Cholest. 101mg	34%	Protein 29g	
		Sodium 862mg	36%		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.		Vitamin A 0%	Vitamin C 3%	Calcium 0%	Iron 7%

Preparation:

Conventional Oven: Preheat oven to 375°. Remove from packaging and place on baking sheet. Place on the middle rack of the oven and cook for 15-20 minutes, turning product halfway through. Convection Oven: Preheat oven to 375°. Remove from packaging and place on baking sheet. Place on the middle rack of the oven and cook for 13-15 minutes, turning product halfway through.

6" Pepperoni Pizza

Ingredients: Crust: Water, rice flour, modified rice starch, potato starch, sugar, tapioca flour, potato flour, NMGO canola/olive oil blend, fresh yeast, salt, xanthan gum, calcium sulfate (added for freshness). Cheese: Pasteurized part skim milk, cheese culture, salt, enzymes. Sauce: Crushed tomatoes (water, concentrated crushed tomatoes), tomato puree (water, tomato paste), sugar, salt, spices, soybean oil, citric acid, dehydrated onions, garlic, Romano cheese flavor [Romano cheese (milk, cheese cultures, salt, enzymes), water, enzymes], onion powder, spice extractive. Pepperoni: Pork and beef, salt, spices, dextrose, lactic acid starter culture, oleoresin of paprika, flavoring, sodium nitrite, BHA, BHT, citric acid. **Allergens: Milk, Soy.**

M/MA: 1.75 oz.
G/GA: .75 oz.

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serv. Size 1 pizza (164g) Serv. Per Cont. 1 Calories 450 Fat Cal. 190		Total Fat 21g	32%	Total Carb. 46g	15%
		Sat. Fat 8g	41%	Fiber 1g	3%
		Trans Fat 0g		Sugars 4g	
		Cholest. 35mg	11%	Protein 16g	
		Sodium 770mg	32%		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.		Vitamin A 4%	Vitamin C 0%	Calcium 30%	Iron 4%

Preparation:

Preheat oven to 400°. Remove all film packaging and place pizza on baking sheet. Place on the middle rack of the oven and cook for 12-15 minutes. Let cool for 3-4 minutes.

Hot Dog with Bun

Ingredients: Hot Dog: Mechanically Separated Turkey, Water, Seasoning (corn syrup solids, mustard, dextrose, garlic powder, sodium erythorbate, extractives of paprika, spice extractives), Less than 2% Salt, Sodium Nitrite. Bun: Water, Food Starch-Modified, Corn Starch, Potato Starch, Long Grain Milled Rice, Stabilized Rice Bran, Granulated Sugar, Canola Oil, Egg White Solids, Yeast, Salt, Tapioca Starch, Pea Fiber, Modified Cellulose, Resistant Corn Starch (Dietary Fiber), Xantham Gum, Psyllium Husk Powder, Cultured Corn Syrup Solids, Citric Acid, Calcium Sulfate, Enzymes. **Allergens: Egg.**

M/MA: 2.00 oz.
G/GA: .50 oz.

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serv. Size 136 g		Total Fat 13g	20%	Total Carb. 35g	12%
Serv. Per Cont. 1		Sat. Fat 2.5g	13%	Fiber 2g	8%
Calories 290		Trans Fat 0g		Sugars 6g	
Fat Cal. 110		Cholest. 45mg	15%	Protein 10g	
		Sodium 730mg	30%		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.		Vitamin A 0%	Vitamin C 0%	Calcium 2%	Iron 10%

Preparation: Place Bun aside and let thaw for 2 hours. Conventional Oven: Preheat oven to 375°. Remove all film packaging and place turkey frank on a baking sheet and cook for 8-10 minutes.

Turkey & Cheese Sandwich

Ingredient Statement: Ingredients: Turkey: Turkey Breast Meat, Turkey Broth, Contains 2% or less Sugar, Salt, Carrageenan, Sodium Phosphate, Pepper. Cheese: Cultured Milk and Skim Milk, Water, Cream, Sodium Citrate, Salt, Sodium Phosphate, Sorbic Acid (Preservative), Citric Acid, Artificial Color, Acetic Acid, Enzymes, Soy Lecithin. Bread: Water, Food Starch-Modified, Corn Starch, Potato Starch, Long Grain Milled Rice, Stabilized Rice Bran, Tapioca Flour, Rice Flour, Granulated Sugar, Yeast, Canola Oil, Egg White Solids, Pea Fiber, Salt, Xantham Gum, Modified Cellulose, Cultured Corn Syrup Solids, Citric Acid, Calcium Sulfate, Enzymes. **Contains: Milk, Soy, Egg.**

M/MA: 1.00 oz.
G/GA: 1.00 oz.

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serv. Size 1 sandwich (99g)		Total Fat 8g	12%	Total Carb. 31g	10%
Serv. Per Cont. 1		Sat. Fat 2.5g	13%	Fiber 2g	8%
Calories 220		Trans Fat 0g		Sugars 4g	
Fat Cal. 70		Cholest. 25mg	8%	Protein 9g	
		Sodium 810mg	34%		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.		Vitamin A 0%	Vitamin C 0%	Calcium 10%	Iron 6%

Preparation: Conventional Oven: Preheat oven to 425°. Remove all film packaging and place sandwich on a baking sheet. Place on the middle rack of the oven and cook for 10 minutes. Or Thaw for 2 hours and serve cold.

Sloppy Joe with Bun

Ingredients: Sloppy Joe: Beef, Water, Tomato Paste, Sugar, Textured Soy Concentrate (Caramel Color Added), Salt, Food Starch-Modified, Vinegar, Dehydrated Onion, Spice, Citric Acid, Smoke Flavoring, Dehydrated Green Pepper, Dehydrated Red Pepper, Garlic Powder, Oleoresin Paprika. Bun: Water, Food Starch-Modified, Corn Starch, Potato Starch, Long Grain Milled Rice, Stabilized Rice Bran, Granulated Sugar, Canola Oil, Yeast, Egg White Solids, Salt, Tapioca Starch, Pea Fiber, Modified Cellulose, Resistant Corn Starch (Dietary Fiber), Xantham Gum, Psyllium Husk Powder, Cultured Corn Syrup Solids, Citric Acid, Calcium Sulfate, Enzymes. **Allergens: Soy, Egg.**

M/MA: .50 oz.
G/GA: .50 oz.

Nutrition Facts		Amount/serving	%DV*	Amount/serving	%DV*
Serv. Size 150 g		Total Fat 10g	16%	Total Carb. 48g	16%
Serv. Per Cont. 1		Sat. Fat 2.5g	12%	Fiber 6g	24%
Calories 330		Trans Fat 0g		Sugars 12g	
Fat Cal. 90		Cholest. 10mg	4%	Protein 10g	
		Sodium 920mg	38%		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.		Vitamin A 0%	Vitamin C 0%	Calcium 4%	Iron 10%

Preparation: Remove bun from freezer and let thaw 2 hours prior to serving. Thaw Sloppy Joe container under refrigeration for 24 hours. Conventional Oven: Preheat oven to 375°. Remove all film packaging and place sloppy joe container on a baking sheet and cook for 20-25 minutes. Heat to an internal temperature of 160°.